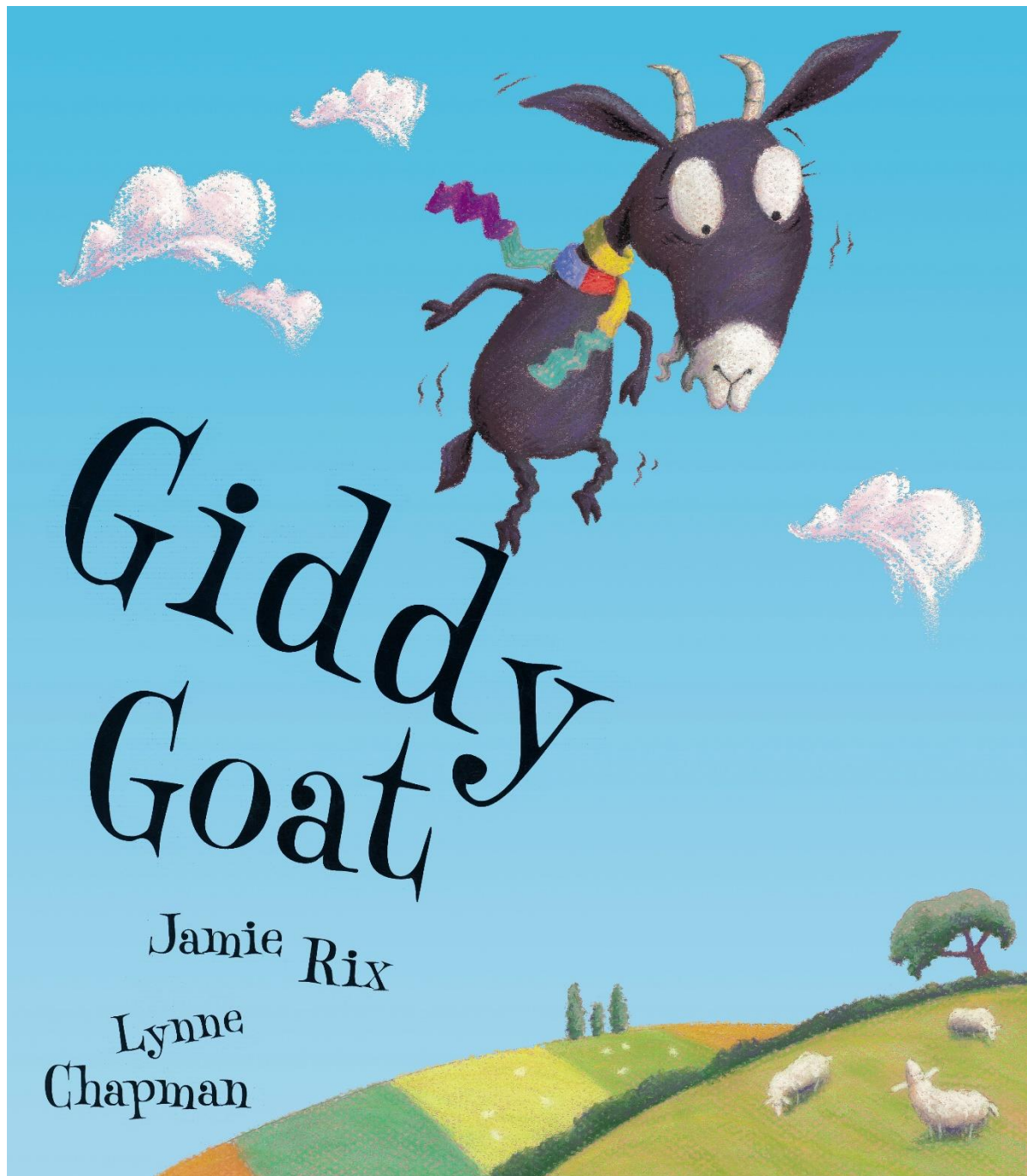


MUSIC  
IN THE ROUND 



## Educational Resources

Funded by Sheffield City Council, Arts Council England and Mayfield Valley Arts Trust



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ENGLAND**

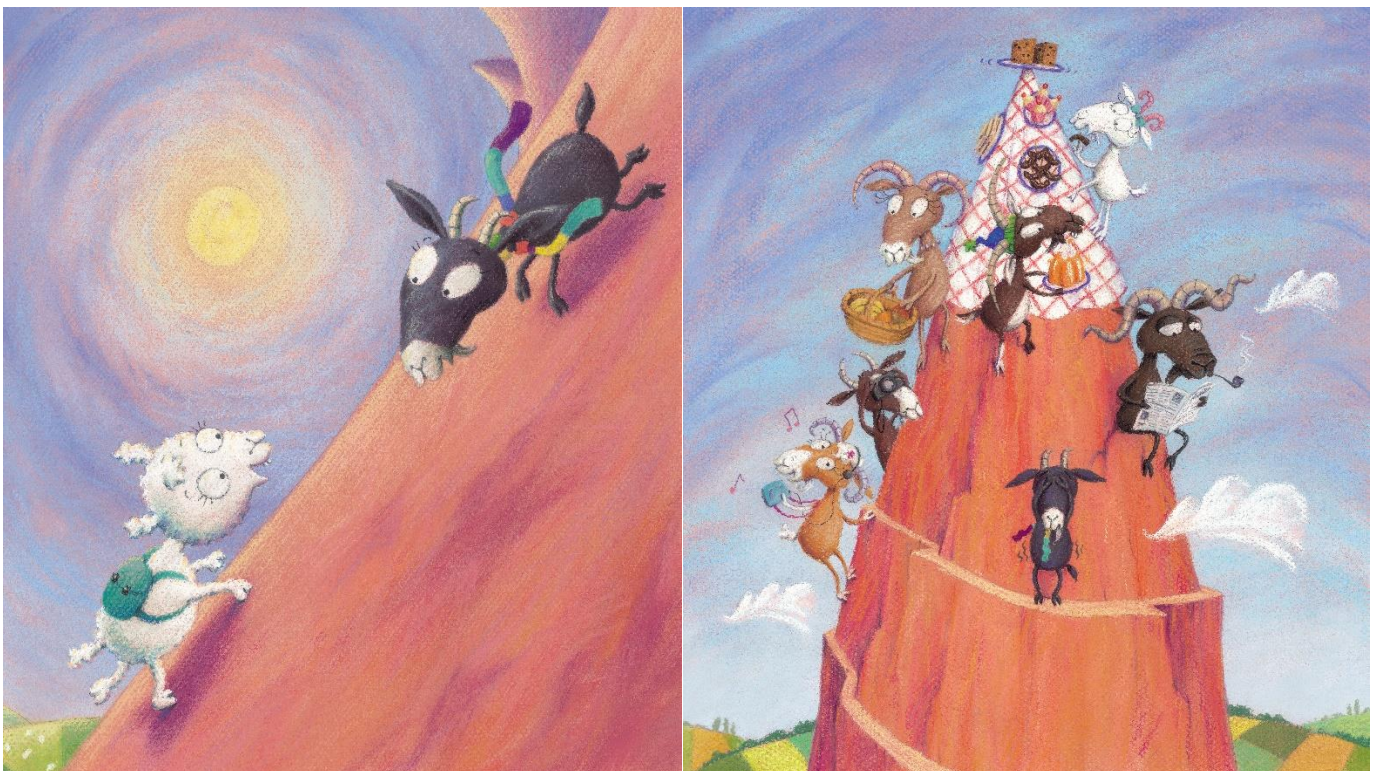
# WELCOME!

We are really glad that you are part of the *Giddy Goat* project. This pack aims to equip you, as Early Years practitioners, Key Stage 1 teachers and SEND specialists with information about the story, music and illustrations that will feature in the concert, all of the participatory elements, and lots of creative cross-curricular activities.

This year, we are revisiting the story of *Giddy Goat*, written by Jamie Rix and illustrated by Lynne Chapman and published by Orchard Books, which we commissioned and first premiered in 2008, with original music by our Children's Composer in Residence Paul Rissmann. Giddy and his friends were really popular and we are very excited to bring this wonderful story to a new generation of children.

The piece will be performed by musicians Ensemble 360 and narrated by Esther Sheridan and Polly Ives. There is a lot of audience participation throughout, while image projections from the book visually accompany the story.

Around the UK, this project includes INSET sessions (many of them run in partnership with Music Hubs), concerts for schools, early years settings and families, pre-concert workshops, and performances in special schools. It will engage thousands of children aged 3-7 and their grown-ups.



## ABOUT THIS PACK

We strongly believe that children have a much deeper and more enriching experience at our concerts if they explore the story and music in a variety of fun, creative and educational ways before and after the event.

Over the years, we have been so inspired by practitioners across the country, many of whom have created their own schemes of work linked to our concerts. We have often been asked for more ideas, so we have devised some extra activities that you might like to explore in your classroom or nursery.

These activities have been designed to link to children's everyday learning and can be related to the early-learning goals in the Early Years Foundation Stage framework and Key Stage 1 of the national curriculum. Because this project is ideal for developing language and literacy, the primary focus is on English and Music, but there are many ways to incorporate Science and Maths as well as the foundation subjects and topic work (art, design technology, computing, drama, geography history and P.E.). These activities also benefit children's personal, social and emotional development (including building self-confidence and self-awareness, forming positive relationships with others, and understanding feelings and behaviours). They use different methods of effective learning: playing and exploring, active learning & creating, and thinking critically.

We feel that these activities offer a wide scope for differentiation; they can challenge the most able children and also hugely support those for whom English is a second language, who have speech and language difficulties, or have other special educational needs. You will know how best to adapt the material for your children's individual needs.

We appreciate that it can be challenging to incorporate these activities into your own schemes of work and learning criteria, but hope that our suggestions can signpost you to ideas within which you will find lots of flexibility to enjoy exercising your own creativity.

We also hope there is something here for experienced music specialists as well as teachers and practitioners who feel less confident with music.

**For their help with these resources, we would like to thank:**

- Polly Ives
- Paul Rissmann



# THE SONGS

Here are the songs and actions that the audience joins in with in the concert. You can watch the video of Polly Ives teaching the songs and actions to help you become familiar with them: [tinyurl.com/giddyits](http://tinyurl.com/giddyits)

We have also provided musical notation to help with further activities.

In the concert, the narrator brings everyone in by saying “Off we go”.

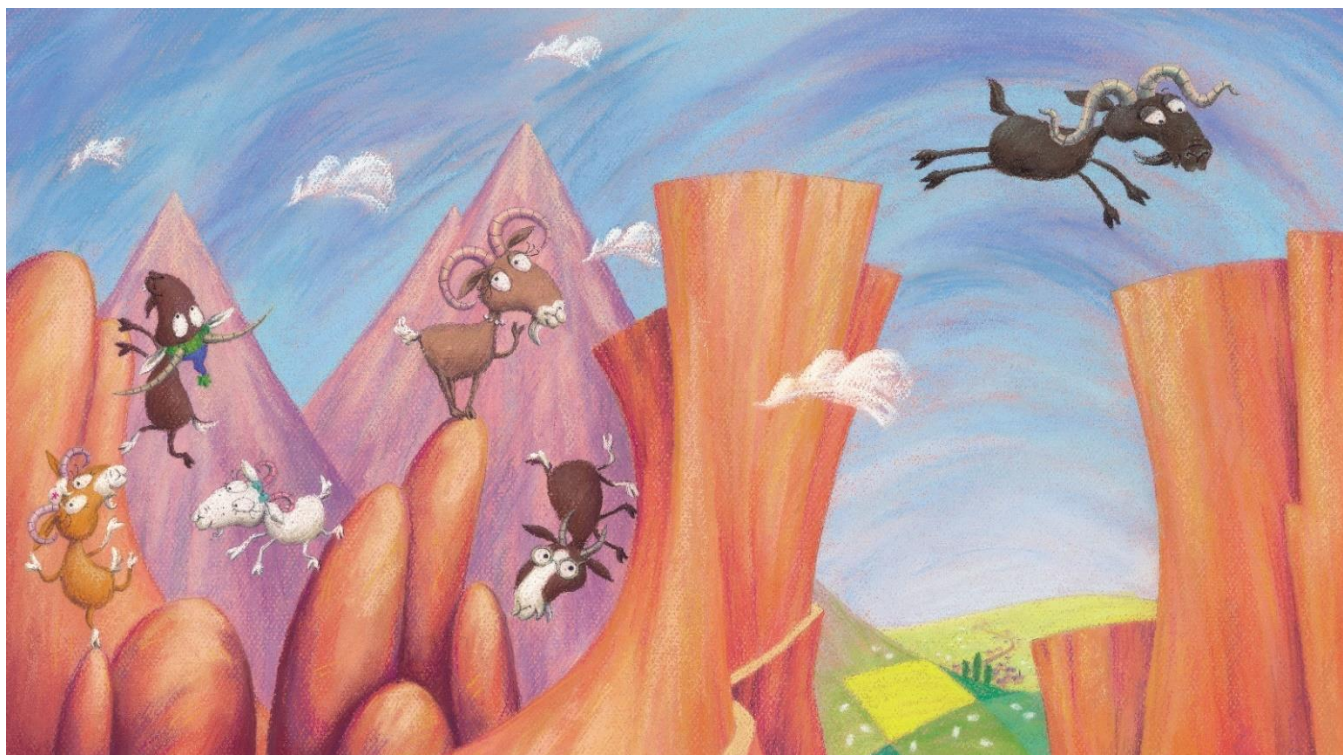
## Our story starts...

*“In a land above the clouds,  
Perched between heaven and earth.  
On a bare and rocky mountain  
Lived a family of goats.  
These were no ordinary goats.  
These were rock climbing goats,  
With hooves that clung to cliffs like sticky socks.  
These were acrobatic goats that could leap  
Plunging ravines while the toy-town world buzzed below.  
These goats knew no fear.”*



# 1. The Mountain Goats

We have a song for everyone to sing about these funny goats! We sing this twice.



A G A A B A E G A G A A B A E

They are one fam-i-ly of goats, And they are ac-ro-ba-tic

5 G A G A G E B A

goats, They are goats who have no fear.

## ACTIONS:

“One” – hold up one finger

“Goats” – goats’ horns

“Acrobatic goats” – circle arms

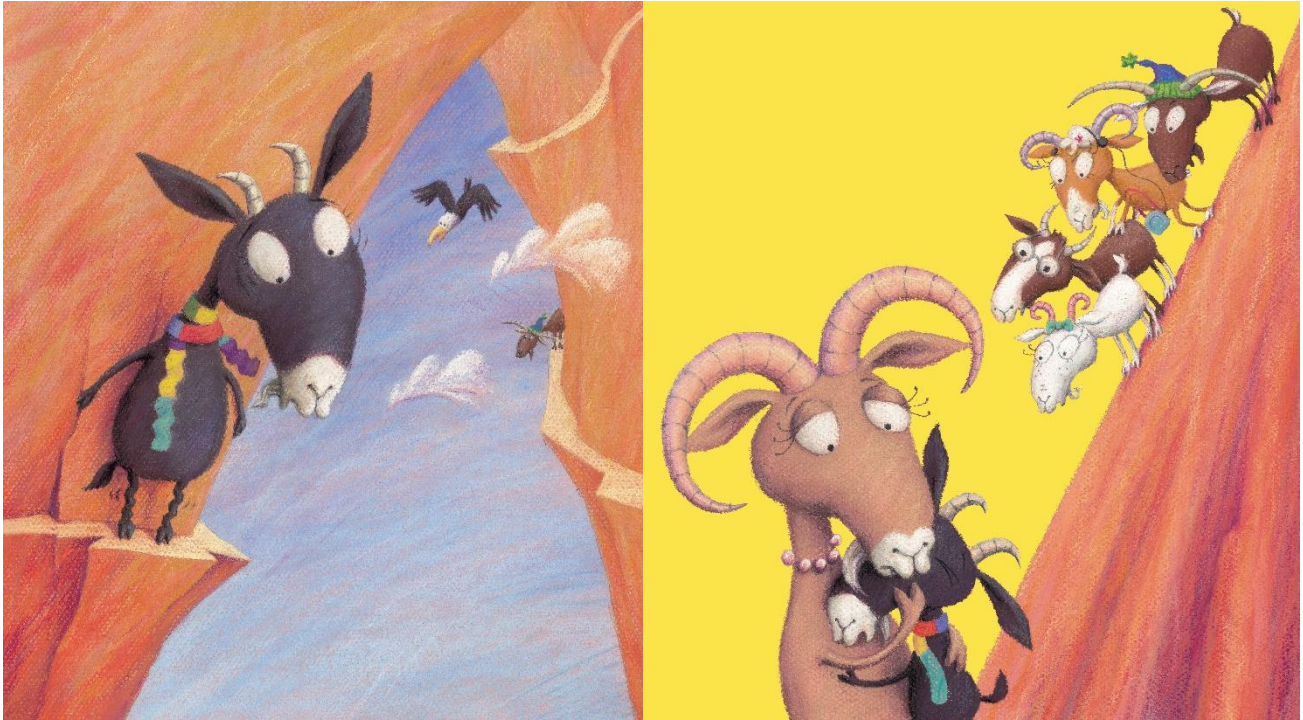
“They are **goats** who have no fear” – **horns**, shake head, *strong arms*

In the concert, listen out for the acrobatic music that flies up and down, high and low.



## 2. Come on Giddy

Our main character, Giddy, is the youngest of the kids. But poor Giddy is scared of heights – not very good when they live in the mountains! All the other kids would try to encourage Giddy to play Rock Rounders with them and we have a song that we all sing.



A A A A A A E G G G G G G D

Come on Gi - ddy come and play, It's a love - ly su - nny day,

A A A A A A E G G G G G G D

We need you to join our game, Roun-ders just won't be the same.

We sing that once, then there's a bit of music, and then we sing it again.

### ACTIONS:

- “Come on Giddy” – beckon with your arm
- “Sunny day” – circle arms in the air
- “You” – point
- “Rounders just won't be the same” – shake head

### 3. Tobogganing down the Needle

Giddy then goes off on an adventure to the Needle, the highest in the mountain peaks. In the concert, listen out for the fun he has tobogganing down the mountain on a tea tray.



We will all say “Wheeeeeeee!” several times – watch out for the narrator’s cue.

He makes friends with Edmund the Lamb who lives in the low-lying meadow and they have lots of fun adventures together.





## 4. Climbing the Needle

Giddy and Edmund climb up the mountain to reach the goats at the top.



In the concert there is a call-and-response chant to help encourage Edmund to climb. Practise this with the adults saying the chant and the children copying:

narrator	audience	audience
x     x     x     x	x     x     x     x	x     x     x     x
Climb   the   moun - tain	<i>Climb the moun-tain</i>	fol - low     Gid - dy <i>fol - low Gid - dy</i>

narrator	audience	audience
x     x     x     x	x     x     x     x	x     x     x     x
Climb   the   moun - tain	<i>Climb the moun-tain</i>	Don't   be   fright - ened <i>Don't be fright-ened</i>



## 5. Rock Rounders



When at last Giddy, Edmund and the other kids finally play that game of Rock Rounders, we have a very fun sporty song.

F
D
F
D
C
D
D
F
G
D
C
D

F
D
F
D
C
D
D
F
G
D
C
D

Let's all play rock round-ers,      Come and play rock round-ers,

Let's all play rock round-ers,      Come and play rock round-ers.

We sing this song three times.  
The second time, we add 2 claps, like this:

x
x
x
x

Let's all play rock round-ers, **CLAP CLAP** Come and play rock round-ers, **CLAP CLAP**

The third time, we add 3 claps, like this:

x
x
x
x
x

Let's all play rock round-ers,      Come and play rock round-ers,

# CROSS-CURRICULAR ACTIVITIES TO EXPLORE

## MUSIC

1. Develop a rhythmic physical and vocal warm-up incorporating actions from the story. Use the YouTube 'Learn the Songs' video or create your own with the children.

e.g. Nah, nah, nah, nah, nah (playground 3rds), 'High in the mountain' (high), 'Low in the meadow' (low), Wheeeee! (arm), Yippee!, Huh, huh, huh (Crying hands/rub eyes), Tiptoe, tiptoe (fingers on hand), Jelly legs (wobble legs), Sticky socks (waft), Throw the ball (throw), Catch the ball (catch), Hit the ball (hold a bat), Snore.

2. Musical games:

- Why not play your own game of Rock Rounders in character; the sheep team and the goat team, whilst singing the song. Add untuned percussion on the 'claps'.
- Choose teams by singing the 'Come on Giddy' song but change the word 'Giddy' to the name of a child in the class, inviting more children to come and join in.



3. Use the 'Climb the mountain' chant to develop your own piece of music:

- Choose a child to be the 'caller'.
- Create your own lyrics and different rhythms to make it more complex.
- Add a pulse using an online drumbeat track, or create your own using percussion and practise beating in time.
- Layer the four lines to build up the texture. The teacher or a child could be the conductor, indicating each part in turn.
- Use body, tuned or untuned percussion to add rhythmic sounds.
- Make an audio recording of your piece, or think of an appropriate way to notate it, then evaluate it by discussing how it sounds and what could be improved.

4. Use the mountain range as a graphic score to explore pitch. Experiment with tuned percussion or other instruments, moving from high to low.

- Can you combine this with the piece you created using the 'Climb the mountain' chant?
- Develop the exercise by exploring the other elements of music (dynamics, tempo, timbre, texture, structure).



5. In the concert, there is a sporting competition between the musicians on stage who show off their skills. We see which instrument plays the highest, which can play the lowest and who can play the longest note! You could explore this (and more) with the children before the concert.
- Watch Music in the Round's Youtube videos of Ensemble 360 demonstrating their instruments for 0-5 year olds: [tinyurl.com/syeymvids](http://tinyurl.com/syeymvids)
  - Discuss the different instruments playing in the concert (check with MitR which instruments will be playing as there are two versions); what kind of sounds they make, what they look like. Use picture cards to help children identify them. Play music that uses different instruments and see if the children can identify the different instruments.
  - Invite parents, teachers or older pupils who play musical instruments to demonstrate their instruments and play the tunes alongside the children using the notation provided.
  - Could you create a 'competition' chart of different instruments' characteristics (high/low, long/short)? What other musical competitions could the musicians do, other than high, low and long?
6. In the concert, you will listen to the *Finale* from Saint-Saëns's *Carnival of the Animals*. Listen to the piece before the day so the children become familiar with it. You could also listen to other pieces that link to the characters and themes in the story, such as:



- MUSSORGSKY *Night on the Bare Mountain* – imagine scary mountains as Giddy may see them.
- GRIEG *In the Hall of the Mountain King* – another scary one!
- ALBENIZ *Asturias* – imagine a majestic landscape, with the nervousness Giddy feels as he realises he must be brave and face his fears.
- DEBUSSY *Nuages* (“Clouds”) from *Nocturnes*
- BRAHMS *Wiegenlied* – this will put you in the mood for a sleep, like Giddy and Edmund at the end of the story.

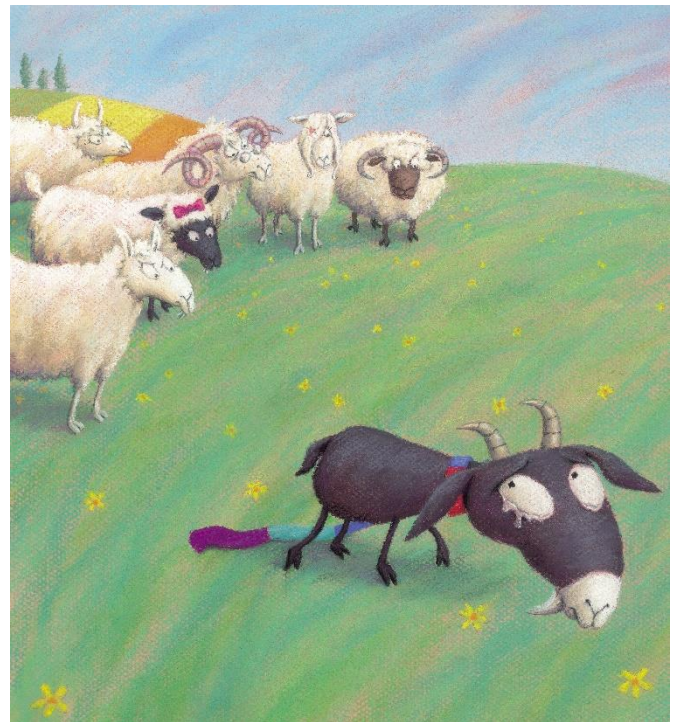
## ENGLISH/LITERACY

1. Read and re-read the story with the children, to build up fluency & confidence in word-reading and to develop their love of literature. Read a wide range of fiction and non-fiction books that relate to the themes of the book, and explore other books by the same author and illustrator.



2. Participate in discussions about the story, taking turns listening to what others say, encouraging the children to ask and answer questions. Recite, re-tell and re-create stories or poems to develop their confidence in using their own voice. Discuss their favourite words and phrases. What do they like/dislike about the text and why? Print out illustrations from the book and ask the children to sequence the events in the order they happen in the story.

3. This book lends itself to thinking about other people's points of view and talking about emotions (e.g. how would they feel if they were Edmund trapped on the mountain? If they were Giddy, how would they feel climbing the mountain to save Edmund? How do you think the characters feel at the end of the story?) You may like to explore 'Empathy Lab' a new empathy, literature and social action programme for 4-11 year olds. The initiative is underpinned by research showing that relating imaginatively to book characters builds real-life empathy skills, reducing prejudice and building a more caring society. [www.empathylab.uk](http://www.empathylab.uk)

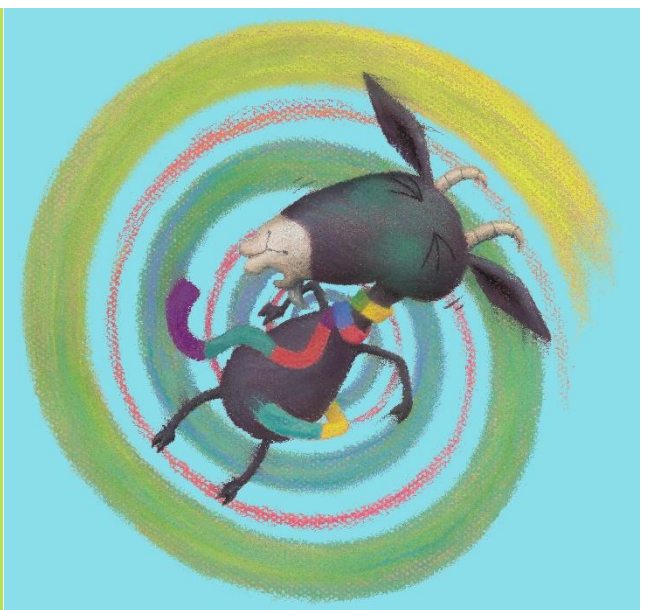
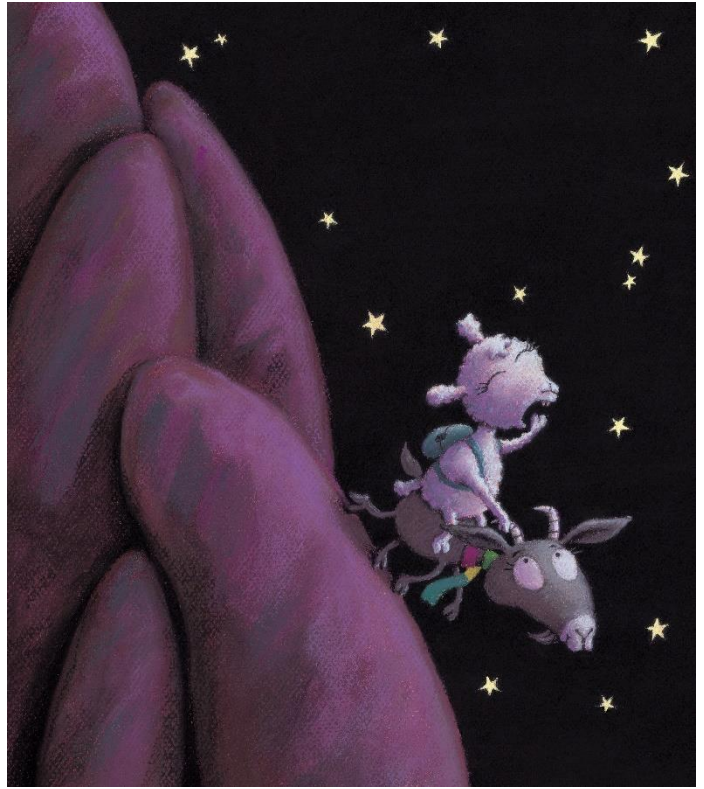


4. Write a letter to the musicians telling them about your favourite bit in the story or your favourite bit of music. Post it to Giddy Goat, Music in the Round, 4th Floor, Sheffield Central Library, Surrey Street, Sheffield S1 1XZ or email to [katie@musicintheround.co.uk](mailto:katie@musicintheround.co.uk)



## GET ARTY

1. Make your own goat and sheep masks to re-enact a Sheep vs Goat Rock Rounders game.
2. Experiment with colour, patterns, textures, lines, shapes and forms, space to represent different environments and habitats of the story e.g. the rocky mountains above the clouds, the sheep's green meadows, the starry sky.
3. Word Art - look at the descriptive words in the story (spinning, fiery, fearless, woolly) and create your own versions so they look like what they mean. Will the word be spiky or smooth? Would the word be large or small, curly or simple? What colours would you use? How would you say the word? What sound or instrument would represent it?
4. Colour in Giddy's scarf or learn how to draw Giddy by looking at Lynne Chapman's website: [www.lynnchapman.co.uk/learning-resources/how-to-draw/](http://www.lynnchapman.co.uk/learning-resources/how-to-draw/)
5. Discuss the emotions in the story with a mood photo board (brave kid, sad, terrified, dizzy Giddy, grumpy Pa Billy, sleepy Edmund etc.)



## POLLY IVES – PRESENTER & NARRATOR



Polly Ives enjoys a varied career as a concert narrator and presenter, workshop leader, trainer, teacher and cellist. She has presented numerous children's concerts with Music in the Round including *Stan and Mabel*, *The Chimpanzees of Happytown*, *Sir Scallywag and the Battle of Stinky Bottom* and has led numerous projects over the last 16 years including Soundplay (a project focusing on speech and language development through music with 3-5 year olds) and Music Box for children and their families.

She regularly works with the London Philharmonic Orchestra, Wigmore Hall, London Mozart Players, Big Malarkey Festival and runs her own concert series for babies and toddlers in Sheffield called Concerteenies. She has worked with CBeebies, Royal Opera House, Southbank Sinfonia, the European Brandenburg Ensemble and Beatrix Potter Attraction. She has coached children's and youth orchestras including the National Children's Orchestra and the City of Sheffield Youth Orchestra, and is Chair of Sheffield Young Singers. She has adjudicated at music festivals, performed live on BBC Radio 3's *In Tune*, and plays regularly with Simply Strings Trio and Escafeld String Quartet.

## ESTHER SHERIDAN – PRESENTER & NARRATOR



Esther is a clarinetist and a graduate from the Royal College of Music where she studied as a Foundation Scholar with Timothy Lines, Colin Bradbury and Michael Harris and was awarded the Stephen Trier Bass Clarinet Prize and the Hilda Deane Anderson Prize. Esther plays regularly for many freelance orchestras and ensembles across the UK.

Esther is a founder member of The Thorne Trio formed in 2008 whilst students at the Royal College of Music. As a trio they have performed for numerous festivals and music societies and at Wigmore Hall, Blackheath Halls, St. George's Brandon Hill, Lauderdale House and Buckingham, Kensington and St. James Palaces. They have been RCM Junior Fellows and musicians for Live Music Now!, The Council for Music in Hospitals, and the Cavatina Chamber Music Trust. They have won the Philharmonia Orchestra Martin Music Trust award for Education and Outreach and first prize in the Anglo-Czechoslovak competition. The trio have recorded two CDs (*3* and *Recital*) and have commissioned and premiered new works including "Century Dances" by Cecilia McDowall.

Esther is an amateur and workshop leader and has worked for many of the UK's orchestral and concert hall education departments including LSO, Philharmonia Orchestra, ENO and Music in the Round. She regularly works for Wigmore Hall Learning and is project leader for their Early Years programme. Esther is a lecturer and module leader at London College of Music where she delivers Music Pedagogy courses to undergraduate and Masters students.



## PAUL RISSMANN – COMPOSER



Paul Rissmann is a composer, presenter and music educationalist based in London. He currently holds the position of Animateur for the London Symphony Orchestra (LSO) and is Children’s Composer in Residence at Music in the Round.

Paul’s commissions range from electronic music for Microsoft to orchestral music for the LSO. His interactive composition *Bamboozled* for orchestra and audience has been performed by over 45,000 people and in 2012 was performed at an Olympic Torch relay by the Philharmonia Orchestra. Paul has performed all over the world and has recently worked with Melbourne Symphony Orchestra, New York Philharmonic, Vienna Philharmonic, Valery Gergiev and the LSO in Trafalgar Square, Esa-Pekka Salonen and the Philharmonia, and Nicola Benedetti and BBC Scottish Symphony Orchestra. Paul guest-presented *Classics Unwrapped* for BBC Scotland and also created a critically-acclaimed series of music discovery concerts for adults called *Naked Classics*. In 2014, he was the creative director for the Channel 4 (UK) documentary *The Addicts’ Symphony*, which explored how music can be therapeutic in overcoming addiction.

He has won a British Composer’s Award (BASCA) and awards from both the Royal Philharmonic Society and the Royal Television Society, and was appointed an Associate of the Royal Academy of Music (ARAM). [www.rissmann.co.uk](http://www.rissmann.co.uk).

Watch a film about how Paul writes music for Music in the Round.  
<https://www.youtube.com/watch?v=dvqlakOXVlg>

## JAMIE RIX – AUTHOR



Jamie Rix is a man of many talents. He has written books, plays, stand-up comedy routines, and he produces radio and TV programmes like *Gloomsbury* and *Not Going Out*.

But what he likes best in the world is to sit at home, staring at the wall, making up stories which he then writes down. *Giddy Goat* is one of these stories (and he very cleverly persuaded Lynne Chapman to illustrate it), but he’s written lots of others including over 120 Grizzly Tales (first published as *Grizzly Tales for Gruesome Kids* – which went on to be an award-winning TV series), *The Incredible Luck of Alfie Pluck* (which was shortlisted for the Roald Dahl Funny Prize) and *The Revenge Files of Alistair Fury* (also made into an award-winning TV series).

Jamie lives in London with his family, and he loves visiting schools and meeting his readers.

He’s hugely excited to see *Giddy Goat* reaching new audiences through Music in the Round.

## LYNNE CHAPMAN – ILLUSTRATOR



Lynne is an award-winning illustrator, based in Sheffield. She has over 30 published children's books, as well as an online masterclass on book illustration, with *Craftsy*. Her picture books are created in pastels, in the attic studio in her home. Each book takes at least 3 months to get from first sketches to finished artwork. You can see them all at [www.lynnchapman.co.uk](http://www.lynnchapman.co.uk)

Lynne also works as a reportage-sketcher and was founder of *Urban Sketchers Yorkshire*. Earlier this year, she travelled to Perth for 2 months as artist-in-residence at the University of Western Australia. In 2016 she was artist-in-residence for 10 months at The Morgan Centre for Research into Everyday Lives at the University of Manchester. Her book *Sketching People* was published in 2016. You can see this reportage work at [www.lynnchapman.net](http://www.lynnchapman.net)

Lynne is passionate about drawing and loves sharing her enthusiasm and experience. She travels the UK, delivering inspirational lectures and workshops for both adults and children. Her blog also offers detailed and candid insights into the creation of her artwork. If you would like to arrange a visit, please make contact via either of Lynne's websites.

## ENSEMBLE 360 – MUSICIANS



Ensemble 360, a versatile group of five string players, five wind players and a pianist resident with Music in the Round, performs in *Giddy Goat*. Ensemble 360 has gained an enviable reputation across the UK, not only for the quality and integrity of the members' playing, but also for their ability to communicate the music to a range of different audiences. They believe in concerts being informal, friendly and relaxed occasions, and perform 'in the round' wherever possible.

Ensemble 360, with Music in the Round's Children's Composer in Residence, Paul Rissmann, and narrator Polly Ives, has established a unique brand of children's concerts that play to sell-out audiences. The ensemble regularly runs schools' workshops, as well as performance and composition classes with a variety of age groups.

Outside Ensemble 360, the musicians all have careers of great success including being members of orchestras such as the Deutsche Kammerphilharmonie, Philharmonia, Royal Scottish National Orchestra, Northern Sinfonia, Camerata Bern and the Manchester Camerata. They have performed across the UK as well as across Europe, America and Japan in venues including the Concertgebouw, Berlin Philharmonie, Musikverein and Carnegie Hall. [www.ensemble360.co.uk](http://www.ensemble360.co.uk)



# MUSIC IN THE ROUND – PROMOTER

Music in the Round is the largest promoter of chamber music outside London. We take our unique, informal and informative style of performance to numerous venues around the country as well as presenting two concert series and an annual May Festival in Sheffield at our home venue, the Crucible Studio.

Excellence and access are central to all we do. Our concerts are, wherever possible, played in the round, and feature lively spoken introductions, sometimes pre-concert talks and post-concert opportunities to meet musicians.

Our innovative Learning & Participation programme engages over 17,000 people every year in high-quality music-making. Led by inspirational professional musicians, animateurs and composers, our workshops, concerts, talks, masterclasses, Bring and Sing, Bring and Play events, and bespoke projects aim to inspire, enthuse, educate and engage people of all ages. The musicians of Ensemble 360 are at the heart this programme, delivering activities for all ages and levels of ability.

Visit Music in the Round's online shop for the CDs of *The Chimpanzees of Happytown*, *Stan & Mabel*, *Stan & Mabel and the Race for Space* and other children's pieces.

[www.musicintheround.co.uk](http://www.musicintheround.co.uk)

## CONTACT US

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Tweet	<a href="https://twitter.com/musicintheround">@musicintheround</a>
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