WIGMORE HALL

The breaking of bread/The Last Supper

at St James's, Spanish Place

The Sixteen

Harry Christophers conductor Victoria Meteyard soprano Charlotte Mobbs soprano Emilia Morton soprano Alexandra Kidgell soprano Kirsty Hopkins soprano Katy Hill soprano Daniel Collins alto Edward McMullan alto Stephanie Franklin alto Kim Porter alto Mark Dobell tenor Oscar Golden-Lee tenor Thomas Castle tenor Steven Harrold tenor Ben Davies bass Tim Jones bass Stuart Young bass Robert Macdonald bass

Giovanni Pierluigi da Palestrina (c.1525-1594) Ego sum panis vivus (1581)

Kyrie from Missa Fratres ego enim accepi (1614)

Vineam meam non custodivi (1584) Si ignoras te (1584) Pulchrae sunt genae tuae (1584)

Stabat mater (c.1590)

Quam pulchri sunt gressus tui (1584) Duo ubera tua (1584) Quam pulchra es (1584)

Pange lingua (1589)

Gloria from Missa Fratres ego enim accepi

The Sixteen respectfully requests that audience members reserve their applause until after each group of pieces, as listed, rather than after each piece



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Like many great artists, social upheaval acted as a catalyst for Giovanni Pierluigi da Palestrina's art, whose musical output included over 100 masses, more than 250 motets and dozens of miscellaneous liturgical choral works. His exquisite liturgical music emerged at time when the Catholic Church was embarking on the Counter-Reformation, battling the Protestantism, a movement based on Martin Luther's crusade against what he perceived as rife financial corruption at the heart of Catholicism. Rome was ruffled, and among the many issues under discussion was the idea that its choral music had become too complex. Were polyphony's interweaving musical lines the enemy of textual clarity? Were they, in fact, too corrupt?

So the legend goes (and as told by composer Hans Pfitzner in his 1917 opera), Palestrina responded to this question with the Missa Papae Marcelli (Mass of Pope Marcellus), a pre-eminent work of unparalleled transparency and cut-glass perfection. The church was persuaded, and Palestrina's brand of polyphonic choral music was given a stay of execution. Although this story has since been debunked, it nevertheless contains kernels of truth. Palestrina's music thrived because it struck an ideal balance between complexity and simple directness, its passages of dovetailing vocal lines contrasting with moments of homophonic, or chordal, stillness. It's a recipe that would later captivate JS Bach and Richard Wagner in equal measure, the latter's use of leitmotifs stemming from Palestrina's subtle use of short musical phrases to denote and emphasise meaning.

Born around 1525, Palestrina moved to Rome as a child to study music. In 1551, he became music director of the Cappella Giulia at St Peter's Basilica but left under new rules that prevented laymen from working there. Positions at St John Lateran and Santa Maria Maggiore followed before Palestrina returned to the Cappella Giulia in 1571 under Pope Pius V. He died in 1594.

This concert is the second of The Sixteen's three visits to St James's, Spanish Place, in which Harry Christophers and singers explore the composer's music either connected with, or to accompany, the service of Eucharist, also known as Mass or Holy Communion - and central to Catholic worship. They begin with Ego sum panis vivus ('I am the bread of life') from Palestrina's second book of motets and intended to be sung for the feast of Corpus Christi. It's scored for five voices (two upper voices, plus alto, tenor and bass), and sets Jesus's words from the Gospel of St John. Ego sum is one of the finest examples of the composer's imitative writing, its rising melodic figure, heard in the opening moments, symbolic of Jesus's promise of eternal life. Listen as it passes seamlessly between all four parts, juxtaposed with those moments of stillness before the joyous three-part alleluias. The motet's second part, calmer in nature, mirrors the first in structure and mood, but ends with equally triumphant alleluias.

Palestrina based his *Missa Fratres ego enim accepi* on the melodic fragments of the earlier double-choir motet *Fratres ego enim accepi*, setting a text commemorating the Last Supper. Also scored for double choir, the three-part *Kyrie* (Kyrie Eleison, Christe Eleison, Kyrie Eleison) and *Gloria*, which ends this concert, both employ mesmerising call-and-response echo effects.

Palestrina is one of many composers to set the Stabat Mater, which reflects on the Virgin Mary's suffering at the foot of the cross. Its text is thought to have originated in the 13th Century and is traditionally used in the Catholic service of Vespers on Passion Friday (the Friday before Palm Sunday). Composed in the last ten years of Palestrina's life, the eight-part Stabat Mater was intended to be performed exclusively by the Papal choir, and remained unpublished until 1770 when, on his travels, the English music historian Charles Burney somehow managed to get hold of a copy. Into just 10 or so minutes Palestrina squeezes some of his most ravishing music - the antiphonal chordal opening is unexpectedly mesmerising, while the gently falling counterpoint of the final 'paradisi gloria' brings the work to a shimmering close.

Bookending the Stabat Mater are six settings of verses from the Songs of Solomon, motets that mark something of a departure for Palestrina. Sitting somewhere between secular and sacred, the Old Testament texts describe, in the composer's words, 'the divine love of Christ and his spouse, the soul'. They are, at times, quite erotic in nature (the title page of the 1584 Fourth Book of Motets, in which these pieces were originally published, makes no reference to their source material). Palestrina, however, who dedicated the works to Pope Gregory XIII, meets the verses head on with 'a style of music a little more lively than I normally used in other scared compositions', as Palestrina wrote. It's not known how or where they would have been published, but it was fairly common for music to be written to accompany the Pope's suppers. In that sense, these pieces could be seen as chamber music - religious in theme, but serving no formal liturgical purpose. Still, Palestrina lavishes some of his most beautiful and intensely scored music on what are, effectively, love songs.

The *Pange lingua* ('sing, my tongue') was written by St Thomas Aquinas in the 13th Century. The text glorifies the Eucharist, describing the mystery of Christ's presence in the sacrament, and musical settings were used at Corpus Christi during which congregation, priests and choir would process between Rome's most important churches. Palestrina uses an 'alternatim' setting here, swapping verse by verse between plainchant and polyphony. The resulting contrasts are remarkably effective and surely represented something of a powerful weapon in the Counter-Reformation arsenal.

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Giovanni Pierluigi da Palestrina

(c.1525-1594)

Ego sum panis vivus

(1581)

Biblical text

I am the living bread

Ego sum panis vivus, Oui de caelo descendi:

Si quis manducaverit ex hoc pane,

Vivet in aeternum.

Alleluia.

Panis quem ego dabo,

Caro mea est, Pro mundi vita:

Si quis manducaverit ex hoc

pane, Vivet in aeternum.

Alleluia.

I am the living bread which came down from

Heaven:

whosoever eateth of this

bread

shall have eternal life.

Alleluia.

The bread which I give you

is my flesh

and life for the world:

whosoever eateth of this bread

shall have eternal life.

Alleluia.

Kyrie from Missa Fratres ego enim

accepi (1614)

Liturgical text

I have received Mass

Kyrie eleison. Christe eleison. Kyrie eleison.

Lord, have mercy on us. Christ, have mercy on us. Lord, have mercy on us.

Kyrie from Brethren,

Vineam meam non custodivi (1584)

Biblical text

Vineam meam non custodivi.

Indica mihi, quem diligit

anima mea,

Ubi pascas,

Ubi cubes in meridie,

Ne vagari incipiam Post greges sodalium

tuorum.

My vineyard I have not kept

My vineyard I have not kept.

Tell me, you whom my

soul loves,

where you pasture your flock,

where you make it lie down at noon, lest I begin to wander

after the flocks of your companions.

Si ignoras te (1584)

Biblical text

Si ignoras te, O pulchra inter mulieres:

Egredere, et abi post vestigia gregum,

Et pasce haedos tuos luxta tabernacula pastorum.

Equitatui meo in curribus Pharaonis

Assimilavi te, amica

mea.

If thou know not

If thou know not, O fair one among women,

follow the steps of thy flocks

and feed thy kids next the shepherds' tents. To my horsemen in

Pharaoh's chariots I have compared thee, my

Pulchrae sunt genae

tuae (1584) Biblical text

Pulchrae sunt genae tuae,

sicut turturis: Collum tuum sicut monilia.

Murenulas aureas faciemus tibi.

Vermiculatas argento. Dum esset rex in accubitu

Nardus mea dedit odorem suavitatis.

Thy cheeks are beautiful

love.

Thy cheeks are beautiful as doves,

thy neck like jewels.

We will make thee chains of gold,

inlaid with silver.

While the king was at his

my spikenard gave forth sweet perfume.

Stabat mater (c.1590) Liturgical text

Stabat mater dolorosa luxta crucem lacrimosa Dum pendebat filius.

Cuius animam gementem, Contristatam et dolentem, Pertransivit gladius.

O quam tristis et afflicta Fuit illa benedicta Mater unigeniti;

Quae moerebat et dolebat Pia Mater, dum videbat Nati poenas incliti.

Quis est homo qui non fleret Matrem Christi si videret In tanto supplicio?

Quis non posset contristari, Piam matrem contemplari Dolentem cum filio?

Pro peccatis suae gentis Vidit lesum in tormentis, Et flagellis subditum.

Vidit suum dulcem natum Morientem desolatum, Dum emisit spiritum.

Eia Mater, fons amoris, Me sentire vim doloris Fac, ut tecum lugeam.

Fac, ut ardeat cor meum In amando Christum Deum Ut sibi complaceam.

Sancta Mater, istud agas, Crucifixi fige plagas Cordi meo valide.

Stood the sorrowful mother

Stood the sorrowful mother weeping by the cross while her son hung there.

Through her sorrowful heart, crushed with sadness and grief, there passed a sword.

O how sad and how afflicted was that blessed woman, the mother of the sole begotten;

How she grieved and sorrowed and trembled when she saw the pains of her glorious son.

What man would not weep to see the mother of Christ in such great anguish?

Who could not feel her grief, to think on the mother of Christ grieving with her son?

She saw Jesus in agony and scourged by the lash for the sins of his people.

She saw her own sweet son dying and forsaken, until he yielded up his spirit.

O mother, fount of love, make me feel the force of your sorrow, that I too may grieve with you.

Make my heart burn with love for Christ my God, that I may be pleasing to him.

Holy mother, grant me this, fix deep within my heart the wounds of him, crucified.

Tui nati vulnerati, Tam dignati pro me pati, Mecum poenas divide.

Fac me vere tecum flere, Crucifixo condolere, Donec ego vixero.

Iuxta crucem tecum stare, Te libenter sociare In planctu desidero.

Virgo virginum praeclara, Mihi iam non sis amara: Fac me tecum plangere.

Fac ut portem Christi mortem, Passionis fac consortem, Et plagas recolere.

Fac me plagis vulnerari, Cruce hac inebriari, Ob amorem filli.

Inflammatus et accensus Per te, Virgo, sim defensus In die iudicii.

Fac me cruce custodiri, Morte Christi praemuniri, Confoveri gratia

Quando corpus morietur, Fac ut animae donetur Paradisi gloria. Let me share the torment of your wounded son, who deigned to suffer for me.

Let me weep with you, and suffer with the crucified my whole life through.

I yearn to stand with you beside the cross, and willingly join with you in deep lament.

Virgin, all virgins excelling, do not be harsh with me: but let me mourn with you.

Let me bear Christ's death within me, let me share his passion and be mindful of his wounds.

Let me be riven by his wounds, intoxicated by his cross, out of love for your son.

Thus kindled and enflamed, may I, through you, O virgin, be defended on the day of judgement.

Let me be guarded by the cross, defended by the death of Christ, and strengthened by his grace.

And grant that when my body dies, my soul may gain the glory of paradise.

Quam pulchri sunt gressus tui (1584)

Biblical text

Quam pulchri sunt gressus tui in calceamentis,

Filia principis.

luncturae femorum tuorum sicut monilia

Quae fabricata sunt manu artificis.

Umbilicus tuus crater tornatilis,

Numquam indigens poculis. Venter tuus sicut acervus

tritici Vallatus liliis.

How beautiful are thy feet

How beautiful are thy sandalled feet,

O daughter of princes.

The joints of thy thighs are like jewels

made by the hand of craftsmen.

Thy navel is like a rounded bowl

never without cups.

Thy belly is like a heap of wheat

set about with lilies.

Duo ubera tua (1584)

Duo ubera tua sicut duo hinnuli, gemelli capreae.

Collum tuum sicut turris eburnea;

Oculi tui sicut piscinæ in Hesebon

Quæ sunt in porta filiae multitudinis.

Nasus tuus sicut turris Libani,

Quæ respicit contra Damascum.

Caput tuum ut Carmelus;

Et comae capitis tui sicut purpura regis Vincta canalibus.

Biblical text

Thy two breasts

Thy two breasts are like two young roes that are twins.

Thy neck is as a tower of ivory;

thine eyes like the fishpools in Heshbon,

by the gate of Bathrabbim:

thy nose is as the tower of Lebanon

which looketh toward Damascus.

Thine head upon thee is like Carmel,

and the hair of thine head like purple;

the king is held in the galleries.

Quam pulchra es (1584) Biblical text

Quam pulchra es, et quam decora,

Carissima, in deliciis.

Statura tua assimilata est palmae,

Et ubera tua botris.

Dixi: Ascendam in palmam,

Et apprehendam fructus eius:

Et erunt ubera

tua

Sicut botri vineae:

Et odor oris tui sicut odor malorum.

How fair you are

How beautiful art thou, and how comely,

my dearest, in delights. Thy stature is like to a

palm tree and thy breasts to

clusters [of fruit]. I said: I will go up into the palm tree

and I will take hold of the fruit thereof.

And thy breasts [also] shall be

as the clusters of the vine; and the odour of thy mouth like apples.

Please do not turn the page until the song and its accompaniment have ended.

Pange lingua (1589) Liturgical text

Pange lingua gloriosi Corporis mysterium

Sanguinisque pretiosi, Quem in mundi pretium Fructus ventris generosi Rex effudit Gentium.

Nobis datus, nobis natus Ex intacta virgine Et in mundo conversatus, Sparso verbi semine, Sui moras incolatus Miro clausit ordine.

In supremae nocte
cenae
Recumbens cum fratribus
Observata lege plene
Cibis in legalibus,
Cibum turbae duodenae
Se dat suis
manibus.

Verbum caro, panem verum
Verbo carnem efficit:
Fitque sanguis Christi merum,
Et si sensus deficit,
Ad firmandum cor sincerum
Sola fides sufficit.

Tantum ergo sacramentum Veneremur cernui, Et antiquum documentum Novo cedat ritui; Praestet fides supplementum Sensuum defectui.

Genitori Genitoque Laus et iubilatio, Salus, honor, virtus quoque Sit et benedictio; Procedenti ab utroque Compar sit laudatio. Amen.

Sing, my tongue

Sing, my tongue, the mystery of the glorious body, and of the precious Blood that for the world's salvation the fruit of a noble womb, the king of the nations, shed.

Given to us, born to us, from an unblemished virgin, and having lived in the world, scattering the seed of the Word, the time of his habitation miraculously He closed in due order.

In the night of His last supper, resting with His brothers, the law being fully observed with permitted foods, to the group of twelve He gave Himself as food with his own hands.

The Word in flesh true bread by a word makes His flesh, and also makes true wine the Blood of Christ, and if sense is lacking, to confirm a true heart Faith alone suffices.

Therefore so great a
Sacrament
let us fall down and worship,
and let the old law
give way to a new rite,
and let faith stand
forward
to make good the defects
of sense.

To the Father and the Son be praise and joy, health, honour and virtue and blessing, and to him proceeding from both be equal praise. Amen.

Gloria from Missa Fratres ego enim accepi

Liturgical text

Gloria in excelsis Deo. Et in terra pax hominibus bonae voluntatis. Laudamus te, benedicimus Adoramus te, glorificamus te. Gratias agimus tibi Propter magnam gloriam tuam. Domine Deus, Rex caelestis, Deus Pater omnipotens. Domine Fili unigenite, Jesu Christe. Domine Deus, Agnus Dei, Filius Patris. Qui tollis peccata mundi. Miserere nobis. Qui tollis peccata mundi, Suscipe deprecationem nostram. Oui sedes ad dexteram Patris. Miserere nobis. Quoniam tu solus Sanctus, Tu solus Dominus, Tu solus Altissimus Jesu Christe. Cum Sancto Spiritu In gloria Dei Patris.

Amen.

Gloria from Brethren, I have received Mass

Glory be to God on high. And on earth peace to men of good will. We praise Thee, we bless Thee, we worship Thee, we glorify Thee. We give thanks to Thee for Thy great glory. Lord God, heavenly King, God the Father almighty. O Lord, the only-begotten Son, Jesus Christ. Lord God, Lamb of God, Son of the Father, Thou that takest away the sins of the world, have mercy upon us. Thou that takest away the sins of the world, receive our prayer. Thou that sittest at the right hand of the Father, have mercy upon us. For Thou only art holy, Thou only art the Lord, Thou only art the most high, Jesus Christ. With the Holy Spirit in the glory of God the

Father.

Amen.