

WIGMORE HALL

Andrew Armstrong piano

Before Sleep and Dreams (1990) Aaron Jay Kernis (b.1960)

I. Before • II. Play Before Lullaby • III. Lullaby •

IV. Lights Before Sleep • V. Before Sleep and Dreams

Julia Perry (1924-1979) Prelude for piano (1946, rev. 1962)

William Grant Still (1895-1978) Three Visions (1935)

Dark Horsemen • Summerland • Radiant Pinnacle

George Gershwin (1898-1937) Rhapsody in Blue (1924)



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Aaron Jay Kernis Before Sleep and Dreams

It is quite the journey to open one's heart to Aaron Jay Kernis's Before Sleep and Dreams, which conjures the magical hour of children's bedtime. As the movement titles suggest, there are many chapters to this nightly ritual. But running through them all we find threads of innocence, luminescence, carefree, unbridled play and the confidence a child has in a parent's unconditional love; and yet we also feel, pulsating through the whole suite, a parent's fears for the future. This concern throbs with intensity, sometimes an aching melancholy (for the reminder of their own childhood? or perhaps acknowledging the inevitable loss of innocence as children must someday leave the nest and confront the harsh realities of the world?), and of course there is the warm serenity and gratitude of a parent's love, throughout. These layers are instantly woven together from the start of the first movement, Before. Open octaves begin in the treble, utterly pure, shining with promising light against any imaginable darkness. But the dampers are made to remain lifted a full 15 bars, creating complex effects as the octaves accumulate to swirl, embrace each other, add exquisite warmth - and yet, well before the 16th bar there emerges from the perfumed collage of octaves a sadness, uncertainty. This sort of miraculously crafted complexity of emotion and experience will only briefly and sporadically give way to simpler moments in coming movements. The children's Play Before Lullaby, for example, allows itself here and there to launch unfettered into the ecstatic giggles and kinetic frenzy of the moment before returning to the parent's watchful eye. Lullaby allows us a deep look into the thoughts and heart of the cooing parent, revealing a darkness of such violent aching that makes all the more heroic the tender song mustered at the surface for the child's sleep without burden. Lights Before Sleep is a dazzling display; are the children playing flashlight tag? Or are we seeing the headlights of the cars of grown-ups whizzing down the street outside the house? Or are these stars waiting to play behind the children's eyelids? The final movement, Before Sleep and Dreams, gives us at last the chance to allow ourselves, as parents, as stewards of generations to come, hope, gratitude, a sense that everything is just as it was meant to be and we are the lucky ones to have a ticket on this ride.

Julia Perry Prelude

Julia Perry's *Prelude* makes an outsized impression in light of its short duration. To my ear (and heart), it occupies a special space between the music of Thelonious Monk and church music of the American

South. Julia Perry was born in Kentucky, moved to Ohio, then trained musically at Westminster Choir College in New Jersey, as well as Tanglewood, Juilliard, and ultimately with the great Nadia Boulanger in Paris. The *Prelude* played here is of such uncertain tonality that the real constant is the repeated melodic gesture, 2-, 3-, and 4-step descents that try out and live through a variety of harmonic dressings, sometimes sumptuous, jarring, jazzy, spiritual and more. The clangorous final chord is at least as surprising as it is triumphantly conclusive.

William Grant Still Three Visions

Returning to deeper terrain again, William Grant Still's *Three Visions* creates a poignant counterweight to the Kernis suite that begins the programme. Still had a distinctive perspective on death and the afterlife, painted unforgettably in the sounds of these three movements. A terrifying first 90-second journey, *Dark* Horsemen, snatches our perished souls up without warning, dragging us off to our fate beyond this life, we know not where. The sounds of the galloping hooves and shrieking, frightful horsemen are unmistakable here. Lucky for us, we are deposited in Summerland, Still's word for heaven. Here is a vision of blissful paradise in the hereafter that lies somewhere between the worlds of *Clair de lune* and Bill Evans's solo jazz piano. The final vision, Radiant Pinnacle, takes a step further even, moving into esotericism, a sense of pacing and harmonic movement that is truly in its own world.

George Gershwin Rhapsody in Blue

As Gershwin's Rhapsody in Blue turns 100 this year, on 12 February 2024, it was the only way to close this celebration of great American compositions. I love the piece beyond all measure. I'll never forget the first time I walked off stage having performed it: I felt guilty for having spent all that time on stage without mustering a single furrowed brow. It was all just so much FUN! Gershwin famously saw the Rhapsody as a 'musical kaleidoscope of America, of our vast melting pot, of our unduplicated national pep, of our metropolitan madness.' Here in the solo version made by the composer, the piano gets to imitate a wailing clarinet and a bass clarinet, trumpets with plungers, and the whole band blaring away on that irresistible Final Act strut. When it's all said and done, it's about the most guilt-free romp one can find!

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